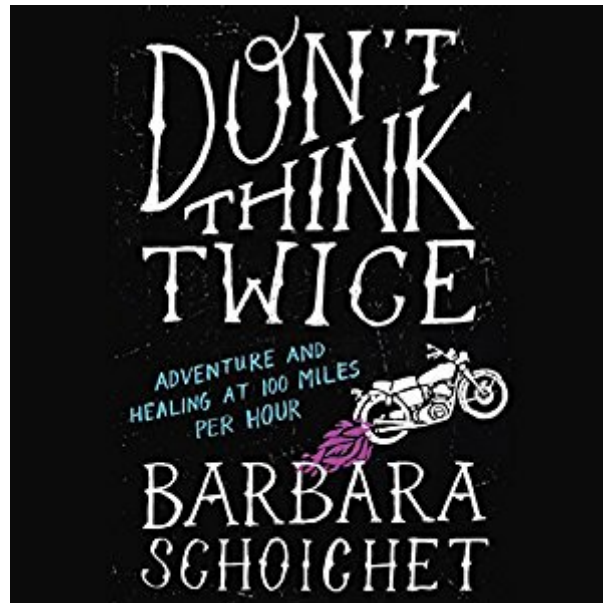


The book was found

Don't Think Twice: Adventure And Healing At 100 Miles Per Hour



Synopsis

A late-in-life coming-of-age escapade told with humor and heart, *Don't Think Twice* is a moving and irreverent account of grief, growing up, and the healing power of adventure. Within six months Barbara Schoichet lost everything: her job, her girlfriend of six years, and her mother to pancreatic cancer. Her life stripped bare, and armed with nothing but a death wish and a ton of attitude, Barbara pursues an unlikely method of coping. At the age of 50, she earns her motorcycle license, buys a Harley on eBay from two guys named Dave, and drives it alone from New York to Los Angeles on a circuitous trek loosely guided by her H.O.G. tour book and a whole lot of road whimsy. On the open highway - where she daily takes her speed to 100 - Barbara battles physical limitations and inner demons on a journey that flows through the majestic Appalachian Mountains, the enchanting Turquoise Trail, and all along America's iconic Route 66. She is awed by the battlefields in Gettysburg, stunned by the decadence of Graceland, and amused by a Cadillac graveyard in the middle of nowhere. She meets kind strangers, odd strangers, and a guy who pulls a gun on her for cutting him off. She is vulnerable but sassy, broken but determined to heal...or die trying.

Book Information

Audible Audio Edition

Listening Length: 8 hours and 49 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Penguin Audio

Audible.com Release Date: September 6, 2016

Language: English

ASIN: B01JMQ3CIY

Best Sellers Rank: #240 in Books > Audible Audiobooks > Nonfiction > Travel #657 in Books > Self-Help > Death & Grief > Grief & Bereavement #1010 in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships

Customer Reviews

A dry wit is an attractive quality for a middle age memoir. Barbara's life is a train wreck. She is conflicted in her sexuality, her religious beliefs, her profession, and her family relationships. At 50, she has just lost her job, her remaining parent has died and her love has dumped her for another. What to do? Buy a Harley motorcycle on EBay, fly across country to pick it up and drive it back to L.A. The book chronicles her adventures on the trek. She learns a lot about herself on the way. She

has given herself the gift of time to think through what matters. My thanks to the author and the Penguin First to Read program for a complimentary copy.

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